



AHA Heartsaver Course Change

As everyone is now aware, the American Heart Association has increased the costs of all Heartsaver First Aid CPR and AED cards. Below is the e-mail Training Centers received and following that is a question and answer segment that can be found on the AHA Instructor Network.

FROM AHA: 10/03/2017 Memo

Dear US AHA Training Network who deliver Heartsaver Courses, we are excited to implement changes designed to enhance the quality and value of our programs and services as we continually strive to better serve students by giving them increased access to the AHA's Heartsaver student workbooks, eBooks, and online courses.

What You Need to Know

Beginning October 3, 2017, the AHA's suggested retail price (SRP) of the Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED

cards/eCards will be increased, while the SRP of related student online courses and student workbooks/eBooks will be reduced.

The shift is designed to make the student workbooks more accessible as a valuable reference tool before, during, and after training as required by the AHA Program Administration Manual (PAM).

Because of the unique characteristics of the AHA's non-healthcare (or lay-provider) Training Network in the United States, the changes are confined to Heartsaver English student materials only.

The course curriculum will remain the same, and will continue to adhere to the **2015 AHA Guidelines Update for CPR and ECC**.



What You Need to Do

Order processes will remain unchanged. Simply continue to order materials through the AHA's Distributors, eLearning.Heart.org, and the eBooks Store.

More Information

We are committed to being a customer-centric organization, and we strongly believe that this new model will help our customers' business and their long-term ability to train others to save lives.

For a list of current Heartsaver products and their new SRPs, as well as new Heartsaver products we're introducing on October 3, view the updated Heartsaver products list. For additional information, please refer to the **FAQs** for more information.

We thank you for your continued commitment to the AHA mission of saving lives.

Sincerely, AHA CPR & ECC

AHA Instructor Network FAQs - Heartsaver First Aid, CPR, AED Price Change

Beginning October 3, 2017, the AHA's suggested retail price (SRP) of the US (English) Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED student course completion cards/eCards will be increased, while the SRP of related student online courses and student workbooks/eBooks will be reduced.

Q: Is the Heartsaver Course content and curriculum changing? **A:** No. The course curriculum will remain the same and continue to adhere to the **2015 AHA Guidelines Update for CPR and ECC**.

Q: Why are changes being made? **A:** The AHA produces the highest quality products, and we want everyone to be able to access our lifesaving materials. After conducting a review, we found that not all Training Centers and Instructors were providing both the course completion cards and the student workbooks as required by the AHA's Program Administration Manual (PAM). The shift in suggested retail pricing of the course materials should bring Training Centers and Instructors in accordance with the PAM, while also making the student workbooks more accessible as a valuable reference tool before, during, and after training. The AHA's own student research has shown us that they find value in the content in the student workbooks, and having access to supplemental materials may give them greater confidence to act in an emergency and reduce the barriers to action.

Q: What are the changes? **A:** Changes include: **1)** An increase in the AHA suggested retail price (SRP) of the Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED student course completion cards/eCards - **\$17.00/ea.** **2)** A decrease in the AHA SRP of Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED student workbooks/eBooks - **\$2.50/ea.** A decrease in the AHA SRP of the Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED online courses. CPR AED, First Aid, and Pediatric First Aid online - **\$25/ea.** First Aid CPR AED online - **\$30/ea.**

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Renew only if your Instructor/TCF Card(s) Expire in 2017. The Renewal Checklist form is included in this newsletter. Please complete form and return with your check for the cost of your instructor/TCF card(s) before December 31, 2017.

AHA Instructor Network FAQs - Heartsaver First Aid, CPR, AED Price Change - Continued

New products available include: 1) Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED student course completion cards 6-pack (print only) **\$102.00/pkg.** A decrease in the AHA SRP of Heartsaver First Aid CPR AED, CPR AED, First Aid, and Pediatric First Aid CPR AED student workbooks 6-pack (print only) **\$15.00/pkg.**

Q: When do the changes take place? **A:** The changes went into effect on October 3, 2017. Heartsaver® Course Materials Update FAQ – US Market Only

Q: Will this affect how I purchase materials? **A:** No. The purchase process will remain the same, and you can continue to order materials through the AHA's Distributors, eLearning.Heart.org, and the eBooks Store without any interruption.

Q: How do these changes benefit Training Centers, Instructors, and Students? **A:** Training Centers and Instructors will be able to purchase student workbooks/eBooks at a competitive cost, allowing them to distribute these materials to all their students. Students will have access to incredible reference materials to refresh their knowledge and help them be prepared and confident in their ability to save lives.

Q: Will the AHA also be making changes affecting BLS, ACLS, PALS, or PEARS training materials? **A:** No, these changes are for the Heartsaver/lay rescuer products only. Presently, there will be no changes to the healthcare provider training materials.

(AHA) Requirement on Use of Feedback Devices in Adult CPR Training Courses

American Heart Association (AHA) Requirement on Use of Feedback Devices in Adult CPR Training Courses

Issued August 15, 2017 - By January 31, 2019, the AHA will require the use of an instrumented directive feedback device or manikin in all AHA courses that teach the skills of adult CPR. Specifically, an instrumented directive feedback device or manikin is one that, at a minimum, provides audio or visual (or both) feedback on the rate and depth of compressions during CPR training. This requirement will impact AHA Basic Life Support (BLS), Advanced Cardiovascular Life Support (ACLS), ACLS for Experienced Providers, and Heartsaver® Courses taught in the US and internationally. In the future, as more devices become available for child and infant CPR, the AHA will also require the use of feedback devices in courses that teach the skills of child and infant CPR. **Science Supporting this Requirement:** The 2015 AHA Guidelines Update for CPR and ECC highlighted

research showing the benefit of feedback devices that provide learners with real-time, audio-visual corrective feedback on aspects such as chest compression rate, depth, and recoil. As stated in the 2015 AHA Guidelines for CPR and ECC, "Unfortunately, inadequate performance of CPR is common yet challenging for providers and instructors to detect, thereby making it difficult to appropriately focus feedback and improve future performance. Technology could theoretically help address this problem by assessing CPR performance and providing feedback."

Studies have also shown that feedback devices help students achieve mastery of critical CPR skills and shorten the time to demonstration of competence. Additional information on the science can be found in "Part 14: Education, CPR Feedback/Prompt Devices in Training" of the 2015 AHA Guidelines Update for CPR and ECC. **Definition & Descriptions: Instrumented Directive Feedback Devices:** An instrumented directive feedback device measures compression rate, depth,

hand position, recoil, and chest compression fraction and provides real-time audio or visual feedback (or both) on these critical CPR skills. A feedback device can be integrated into a manikin or serve as an accessory to a manikin. To meet the AHA's requirement, at a minimum, the device must measure and provide real-time audio feedback or visual feedback (or both) on compression rate and depth. This audio or visual information allows students to self-correct their skills in real time.

There are many types of instrumented directive feedback devices available for AHA Training Centers to meet this requirement, including:

- ◆ Those that can be added to and used with existing manikins;
- ◆ Those that are part of manikins;
- ◆ Monitors or defibrillators used with manikins; or
- ◆ High-fidelity manikins

Please note: The AHA cannot review or recommend specific equipment.

AHA Focused Updates on Adult and Pediatric Basic Life Support and Cardiopulmonary Resuscitation Quality

AHA Focused Updates on Adult and Pediatric Basic Life Support and Cardiopulmonary Resuscitation Quality

November 7, 2017 Memo - With these updates, ILCOR and AHA are moving to a continuous evidence review and more frequent focused updates. Continuous evidence evaluation allows the rigor of a comprehensive review and expert consensus in as close to real time as possible. Previously, AHA Guidelines for CPR and ECC had been updated every five years. For these 2017 Focused Updates, there will be no changes to AHA products, and no new materials are required.

Instructors and Training Centers should note that the AHA recommendations for EMS-delivered CPR have been updated and now provide more flexibility:

◆ Instructors may allow students to practice synchronous or asynchronous ventilations during chest compressions in courses (BLS Provider, ACLS Provider, and ACLS for Experienced Providers) consistent with the student's local protocol.

◆ However, for testing purposes, Instructors will continue to use the BLS Skills Testing Checklists and the Skills

Testing Critical Skills Descriptor, which tests by using the 30:2 compression-to-ventilation ratio with pauses in chest compressions to give ventilations. Instructors must test students performing the skills test based on what is on the skills checklist.

Cardiac arrest is survivable with the initiatives that AHA supports. Intervention works.

For more information, visit the *ECC Guidelines website or the AHA Instructor Network*.

Instructor/TCF Renewal Checklist - Renew only if your card expires in 2017

American Heart Association Emergency Cardiovascular Care Program

Instructor/TCF Renewal Checklist

Instructions: This checklist may be used to document successful completion of Instructor/TCF renewal requirements and contact information. The completed form is kept in the Instructor's file at the Training Center.

Instructor/TCF Contact Information (Please Print Legibly)

Name: _____ Instructor ID #: _____

Address: _____

Phone: _____ Fax: _____ **E-Mail:** _____

Other contact information: _____

Discipline: BLS ACLS PALS ACLS EP Heartsaver Heartsaver First Aid Expiration Date: _____

BLS TCF ACLS TCF PALS TCF Expiration Date: _____

Do you wish to receive a new provider card? Yes No BLS ACLS PALS **See card costs below**

If TCF and your card expires and you wish to be reappointed as TCF please indicate discipline. BLS ACLS PALS

Primary TC: Mid-Carolina AHEC, Inc. Training Center

Name of TC Coordinator: Julie Ghent

Instructor/TCF Card Costs: Consortium Members: \$15.00/discipline Non-Consortium Members: \$25.00/discipline

*****Provider Card Costs: Consortium Members: BLS \$ 3.00 ACLS/PALS: \$ 7.00*****

*****Non-Consortium Members: BLS: \$5.00 ACLS/PALS: \$12.00*****

Renewal Checklist

Provider skills successfully demonstrated. Date: _____ Method: _____

Provider/Instructor examination completed with a score of 84% or higher. Date: _____ Score: _____

At least 4 Provider Courses taught in past two years for each discipline you instruct. (List below)

Training Center Faculty (TCF) one Instructor/Instructor Renewal Course taught in past two years. (List below.)

Please note: If you requested a provider card, see card costs above. Additional cost for Provider card.

Teaching Activity

Course Name	Date	Location (TC/Site)	Station/Module
1.			
2.			
3.			
4.			

Instructor/Instructor Renewal Course (For TCF Renewal)

1.			
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Additional courses may be attached or listed on the back of this form.

Training Center Use Only:

New Instructor Card issued. Date: _____ TCF status maintained. Date: _____

New Provider Card issued. Date: _____

Instructor Update Requirements

Update Information: Instructors who need an update this year, those whose instructor card(s) expire December 31, 2017, may be updated through the newsletter again this year. **To update you must have: 1) Taught a minimum of four classes over a two-year period (1/1/2016-12/31/2017) for each discipline you teach. 2) Must pass the written exam and be checked off on skills competency (within the 2-year period); (Check off date, test score and listing with dates of classes taught, must be included on your renewal form.)** If you would like to receive a Provider Card also, please indicate on the renewal form. Costs for the card is listed on the renewal form. Your training site will have the test for your renewal and also provide you with times for skills check offs. Tests and skills check off forms

are maintained at the Training Site. Renewal form, along with your check for the cost of your card(s), must be returned to Mid-Carolina AHEC, Inc. no later than December 31, 2017. If your employer pays for your instructor card(s), give the update form with completed information to your Education Director and he/she will forward to us by the deadline.

Renewal forms will not be accepted if postmarked after December 31, 2017.

Written test and/or skills check offs may be performed at Mid-Carolina AHEC, Inc by appointment at the cost of **\$25/person**.

To schedule an appointment, please email:

Julie Ghent
jughent@comporium.net
or
Imogene Grubbs
igrubbs@comporium.net

Card Fees

Consortium Members

BLS Provider	\$ 3.00
ACLS, ACLS EP,	
PALS provider	\$ 7.00
Instructor & TCF	\$15.00
ALL Heartsaver –Eff. 10/3/17	\$19.00

Non-Consortium Members

BLS Provider	\$ 5.00
ACLS, ACLS-EP,	
PALS provider	\$12.00
ALL Heartsaver –Eff. 10/3/17	\$20.00
Instructor and TCF	\$25.00

Replacement cards are \$10/each
All Heartsaver replacement cards are \$25/each
Skills Check: \$25.00

eCards Are Here -Mandated By AHA

The AHA is requiring all Training Centers to transition to eCards. When we receive rosters, they will need to include the student's e-mail address. Once we receive your roster, the eCard will be sent to the student to “claim” their eCard. Once claimed, the card can be printed and also kept on their devices. On our website will be a form “How to Claim Your AHA eCard”. You may want to print this form to give to your students. AHA requires students to claim their cards. Employers can verify and print a copy of the eCard once claimed by the student. You will also want to give this information to the companies for whom you teach.

Notice to all Instructors: *Check the AHA Instructor Network periodically for new and or updated information. With the many changes with the AHA you will need to keep abreast of changes and new requirements.*

Remember: Renew only if your card expires in 2017.

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Mail all rosters to PO Box Only



Our Training Center is a success because of our great instructors!

Thank You!!