



AHA Instructor eCards

We are pleased to announce the following AHA Instructor eCards will be available for the US market through [ShopCPR](#), or [WorldPoint](#) (for some AHA Training Centers) beginning Tuesday, November 5, 2019:

- **BLS Instructor eCard**
- **Heartsaver Instructor eCard**
- **ACLS Instructor eCard**

- **ACLS EP Instructor eCard**
- **PALS Instructor eCard**
- **PEARS Instructor eCard**

printed cards

- Are issued by AHA Training Center Coordinators to Instructor Candidates who successfully complete discipline-specific requirements to become an AHA Instructor

AHA Instructor eCards:

- Are the electronic equivalent of printed (paper) Instructor cards
- Provide a valid and more secure alternative to

- Are issued through the eCards tool located on the AHA Instructor Network.

October 2019 ECC Beat

Join ECC's User Feedback Group!

Would you like to help AHA ECC evaluate and ultimately shape the tools we build to support the Training Network?

As we continue to innovate in science and education, the AHA is also enhancing existing tools and developing new solutions to make it easier for you to provide the training that supports our lifesaving mission.

Because of your experience as a member of the Training Network, your insights and feedback will be invaluable to us as we plan and design new solutions. That's why we'd like to invite you to join our ECC User Feedback Group! As a part of this user group, you'll be able to see early prototypes of new websites and be the first to try out new features of existing sites. Even better, you'll then be able to provide feedback that can influence what the final product will be.

If you're interested in this opportunity, please complete our [brief questionnaire](#). Thanks in advance for your participation!

October 2019 ECC Beat

Updates to US Program Administration Manual (PAM)

Updates to the US PAM are now posted on the [AHA Instructor Network](#). Key updates include the following:

- The option for students to edit their own eCard information has been added. Previously, only the TCC or TC Administrator could make changes on behalf of students.
- The option for students to opt-in to receive their eCards via text/SMS has been added.

- The minimum age to become an AHA Instructor has been updated to 18 years of age.
- The use of course evaluations has been clarified.
- New information on ordering AHA course completion cards, based on AHA's new distribution model, has been added.

Please remember, AHA Training Centers and instructors should always

reference the most current version of the Program Administration Manual (PAM), which is published on-line on the American Heart Association's Instructor Network.

Please fully review the updated PAM to ensure you are aware of the most recent American Heart Association policies and procedures.

September 2019 ECC Beat

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Renew only if your Instructor/TCF Card(s) expire in 2019. The Renewal Checklist form is included in this newsletter. Please send completed form with your payment to PO Box 2049 before **December 31, 2019.**

Questions to Ask Your Training Provider

Today you have more choices than ever before for resuscitation training. There are several key questions to ask when evaluating a training provider to be sure you are choosing the most effective training for this life-saving skill.

1. **Do the courses incorporate the latest resuscitation science and updated guidelines?** Resuscitation science and the resulting guidelines change as improvements are discovered, tested, and proven. Keeping your staff up to date using current, evidence-based resuscitation practices results in improved patient care and outcomes.
2. **Do the programs require foundational BLS skills practice and testing in BLS, ACLS and PALS courses?** The most important component of successful resuscitation is the delivery of high-quality CPR. BLS is often the weakest link in resuscitation, as validated in a recent [health system case study](#). Healthcare providers need to practice BLS skills often to ensure they are competent and prepared to respond to a cardiac emergency. Allowing providers to shorten or skip over BLS skills practice and testing can lead to compromised patient care.
3. **Does the program require the use of directive feedback devices to measure compression rate and depth?** Many resuscitation training programs do not. The problem is you can't improve what you don't measure. Feedback device technology has shown that most people overestimate their ability to deliver effective CPR. To ensure high-quality CPR skills, the use of a directive feedback device is necessary to objectively measure CPR quality in real time. Feedback

devices highlight strengths and weaknesses and enable skills improvement.

4. **Does the program include a focus on continuous quality improvement?** A high-quality training provider will offer a portfolio of courses – tailored to varying levels of experience – aimed at improving CPR quality. With average adult survival rates of 26% for in-hospital cardiac arrest and up to 11% for out-of-hospital cardiac arrest, continuous improvement to cardiac arrest response and delivery of high-quality CPR is an obligation to patients. Healthcare providers must be competent in delivering high-quality CPR, and patient care teams must be coordinated and competent working together effectively.
5. **Does the program offer “verified competence” credentials?** Verified competence is the new standard of care achieved through programs that require measured quarterly CPR skills practice and cognitive learning. Interval CPR skills training of any frequency less than every six months is neither evidence-based nor science-based. Although some training providers claim a flexible interval training approach is scientifically proven to lead to competence, this is not true.
6. **Is the program designed for quick certifications?** Many healthcare providers believe they are proficient at performing high-quality CPR and do not need to review content or practice skills. Even those that provide CPR occasionally or often have been found to compress and ventilate incorrectly and need more frequent skills practice. Quickly testing out of skills and skipping core content can compromise resuscitation knowledge, CPR skills competence, and patient care. With annual resuscitation guidelines updates and frequent scientific statements being released,

providers can learn important new information on improvements to resuscitation delivery and patient care.

7. **Are the programs developed by resuscitation science and education experts?** When learning and mastering a skill, going to the source is the key to success. When one organization leads the rest in developing the science, education, and practice of a lifesaving skill, why look to one of its followers? The lead organization will be more up to date on the science and practice in its education and lead the others in delivering improvements and innovations.

If your resuscitation training provider cannot answer yes to all these questions, you are likely not receiving the best training. The American Heart Association is the most trusted leader in resuscitation science and education with a portfolio of training and education programs tailored to clinical and non-clinical caregivers of all levels. We conduct the research and author the resuscitation guidelines followed across the United States. We developed the first-ever [Resuscitation Education Scientific Statement](#) to improve resuscitation education, training and practice. Our ongoing research leads to continuous improvements in CPR quality and resuscitation methods that save more lives.

Healthcare organizations use the AHA's guidelines as the foundation for their own guideline-directed care and clinical pathway decisions. Training with our proven resuscitation programs helps you deliver the best possible patient care. Better training saves lives, and more than 90% of hospitals choose the leader in CPR training.

September 2019 ECC Beat

Instructor/TCF Renewal Checklist - Renew only if your card expires in 2019

American Heart Association Emergency Cardiovascular Care Program Instructor/TCF Renewal Checklist

Instructions: This checklist may be used to document successful completion of Instructor/TCF renewal requirements and contact information. The completed form is kept in the Instructor's file at the Training Center.

Instructor/TCF Contact Information (Please Print Legibly)

Name: _____ Instructor ID #: _____

Address: _____

Phone: _____ Fax: _____ **E-Mail:** _____

Discipline: BLS ACLS PALS ACLS EP Heartsaver Heartsaver First Aid **Expiration Date:** _____

BLS TCF ACLS TCF PALS TCF **Expiration Date:** _____

Do you wish to receive a new **provider card**? Yes No **If yes indicate Instructor Name for each discipline, provider card requested.** BLS _____, Instructor ACLS _____, Instructor PALS _____, Instructor Heartsaver First Aid CPR/AED _____, Instructor **Card costs below**

If TCF and your card expires and you wish to be reappointed as TCF please indicate discipline. BLS ACLS PALS
Primary TC: Mid-Carolina AHEC, Inc. Training Center **Name of TC Coordinator:** Julie Ghent

Instructor/TCF Card Costs: Consortium Members: \$15.00/discipline Non-Consortium Members: \$25.00/discipline

Provider Card Costs:

<u>Consortium Members</u>	<u>Non-Consortium Members</u>
BLS \$ 3.00	BLS \$ 5.00
ACLS and PALS \$ 7.00	ACLS and PALS \$12.00

Renewal Checklist

- Provider skills successfully demonstrated. Date: _____ Method: _____
- Provider/Instructor examination completed with a score of 84% or higher. Date: _____ Score: _____
- At least 4 Provider Courses taught in past two years for each discipline you instruct. (List below)
- Training Center Faculty (TCF) one Instructor/Instructor Renewal Course taught in past two years. (List below.)

Teaching Activity

Course Name	Date	Location (TC/Site)	Station/Module
1.			
2.			
3.			
4.			

Instructor/Instructor Renewal Course (For TCF Renewal)

1.			
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Additional courses may be attached or listed on the back of this form.

Training Center Use Only:

___ New Instructor Card issued. Date: _____ TCF status maintained. Date: _____

___ New Provider Card issued. Date: _____ Amount Due: _____

Date Received: _____ **Check#:** _____ **Cash:** _____ **Initials:** _____

Instructor Update Requirements

Update Information: Instructors who need an update this year, those whose instructor card(s) expire December 31, 2019, may be updated through the newsletter again this year. **To update you must have: 1) Taught a minimum of four classes over a two-year period (1/1/2018-12/31/2019) for each discipline you teach. 2) Must pass the written exam and be checked off on skills competency (within the 2-year period); (Check off date, test score and listing with dates of classes taught, must be included on your renewal form.)** If you would like to receive a Provider Card also, please indicate on the renewal form. Costs for the cards are listed on the renewal form. Your training site will have the test for your renewal and also provide you with times for skills check offs.

Tests and skills check off forms are maintained at the Training Site. Renewal form, along with your check for the cost of your card(s), must be returned to Mid-Carolina AHEC, Inc. no later than **December 31, 2019**. If your employer pays for your instructor card(s), give the update form with completed information to your Education Director and he/she will forward to us by the deadline.

Renewal forms will not be accepted if postmarked after December 31, 2019

Written test and/or skills check offs may be performed at Mid-Carolina AHEC, Inc by appointment at the cost of **\$25/person**.

To schedule an appointment, please email:

Julie Ghent
jughent@comporium.net

Card Fees

Consortium Members

BLS Provider	\$ 3.00
ACLS, ACLS EP,	
PALS Provider	\$ 7.00
Instructor & TCF	\$15.00
Heartsaver Schools K12	\$ 5.00
ALL other Heartsaver	\$19.00

Non-Consortium Members

BLS Provider	\$ 5.00
ACLS, ACLS-EP,	
PALS Provider	\$12.00
Instructor and TCF	\$25.00
Heartsaver Schools K12	\$ 5.00
ALL other Heartsaver	\$ 20.00

Skills Check Offs: \$25.00

CPR & First Aid Anywhere Training Kit

We are pleased to announce the **CPR & First Aid Anywhere Training Kit** (AHA product 15-1082) will be available for the US market through [School Health](#), [ShopCPR](#), or [WorldPoint](#) (for some AHA Training Centers) beginning Tuesday, October 15, 2019.

The CPR & First Aid Anywhere Training Kit is designed to meet the needs of workplaces, community organizations, and universities and can be facilitated by anyone, anytime, anywhere. The kit contains everything needed to train 10 to 20 people at once in the lifesaving skills of CPR and first aid.

October 2019 ECC Beat

Notice to all Instructors: *Check the AHA Instructor Network periodically for new and/or updated information.*

Remember: Renew only if your card expires in 2019.

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Mail all rosters to PO Box Only



Our Training Center is a success because of our great instructors!

Thank You!!