



Joint Mobilization Techniques for the Upper Extremity

Speaker: Philip Verjans, PT, MPT

Special Instructions: Please bring a large towel, a yoga mat and dress appropriately for an upper extremity lab class.

Friday,
June 5, 2020

9:00am - 5:30pm



Newberry
COUNTY
MEMORIAL Hospital

2669 Kinard St.
Newberry, SC 29108

**Credit: 7.5 hours AHEC, OT, OTA,
PT and PTA**

(credit applications have been submitted to SCOTA & SCPTA)

Upon completion of this program, the participant should be able to:

1. Discuss the history and origin of joint mobilization.
2. Differentiate the different types of synovial joints.
3. Distinguish different types of End-Feel.
4. Explain the rationale for doing joint mobilizations and its specific physiological effect.
5. Discuss the joint anatomy and joint structure and its importance for proper application of joint mobilization.
6. Recognize and apply the convex-concave rule used during joint mobilization.
7. Identify the different effects of joint mobilization.
8. Demonstrate the proper skill in using joint mobilizations of the upper extremity.

**Registration
Deadline
May 29, 2020**

Registration Fee: \$90.00

Fee waived for Hospital Consortium member when registered through Staff Development Director

**Register online @
www.midcarolinaahec.org**

Participants must attend 90% of the program to receive a certificate of attendance.
No partial credit will be given.

