

Joint Mobilization Techniques for the Upper Extremity

Speaker: Philip Verjans, PT, MPT

Special Instructions: Please bring a large towel, a yoga mat and dress appropriately for an upper extremity lab class.

**Monday,
April 6, 2020**

9:00am - 5:30pm



**2669 Kinard St.
Newberry, SC 29108**

**Registration
Deadline
March 28, 2020**



**Credit: 7.5 hours AHEC, OT, OTA,
PT and PTA**

(credit applications have been submitted to SCOTA & SCPTA)

Upon completion of this program, the participant should be able to:

1. Discuss the history and origin of joint mobilization.
2. Differentiate the different types of synovial joints.
3. Distinguish different types of End-Feel.
4. Explain the rationale for doing joint mobilizations and its specific physiological effect.
5. Discuss the joint anatomy and joint structure and its importance for proper application of joint mobilization.
6. Recognize and apply the convex-concave rule used during joint mobilization.
7. Identify the different effects of joint mobilization.
8. Demonstrate the proper skill in using joint mobilizations of the upper extremity.

Registration Fee: \$90.00

Fee waived for Hospital Consortium member when registered through Staff Development Director

**Register online @
www.midcarolinaahec.org**

Participants must attend 90% of the program to receive a certificate of attendance.
No partial credit will be given.

Cancellation Policy: Registrations are accepted until class is filled. Registration assures placement, materials and notification if class is canceled. Registration is not complete until money is received along with the registration form. Written cancellation received two (2) weeks prior to the program date will result in a 50% refund. Cancellations received later than two weeks prior to the program, or failure to attend the program, are not refundable.

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