### Evidence-Based Assessment and Treatment for Stroke Recovery



Interventions to Improve Functional Mobility in Upper and Lower Extremities

#### Speaker: Ron Sheppard, OTD, OTR/L, C/NDT, FABDA

June 1, 2019 8:00am-3:30pm Prisma Health Baptist Hospital



Cancellation Policy: Registrations are accepted until class is filled. Registration assures placement, materials and notification if class is canceled. Registration is not complete until money is received along with the registration form. Written cancellation received two (2) weeks prior to the program date will result in a 50% refund. Cancellations received later than two weeks prior to the program, or failure to attend the program, are not refundable. Your responsibility is to notify staff development if you cannot attend. Substitutions are permitted.

# **Target Audience**

Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, Athletic Trainers,

## **Course Schedule**

7:30am - Registration and Coffee 8:00am - Workshop Begins 11:30am-12:30pm - Lunch On Your Own 3:30pm - Workshop Adjourns

#### Registration Deadline May 8, 2019

#### Learning Objectives

- Apply treatment techniques to manage the edematous upper extremity in 4 treatment sessions or less
- Utilize simulated opportunities to illustrate the physical effects of stroke to enhance empathy and "walk in your clients shoes"
- identify items to fabricate your own personal Neurological FMC Activities "Bag of Tricks."
- Perform a comprehensive assessment of the hemiplegic upper extremity
- Incorporate treatment techniques to improve fine motor coordination of the hemiplegic upper extremity in any treatment setting
- Describe treatment techniques to inhibit the imbalance of the antagonist and agonist muscles toward flexion of the upper extremity
- Perform treatment techniques for movement strategies of the hemiplegic upper extremity