

30TH ANNUAL PERINATAL PARTNERSHIP CONFERENCE

CONFERENCE BOOKLET

NOVEMBER 8-10, 2026

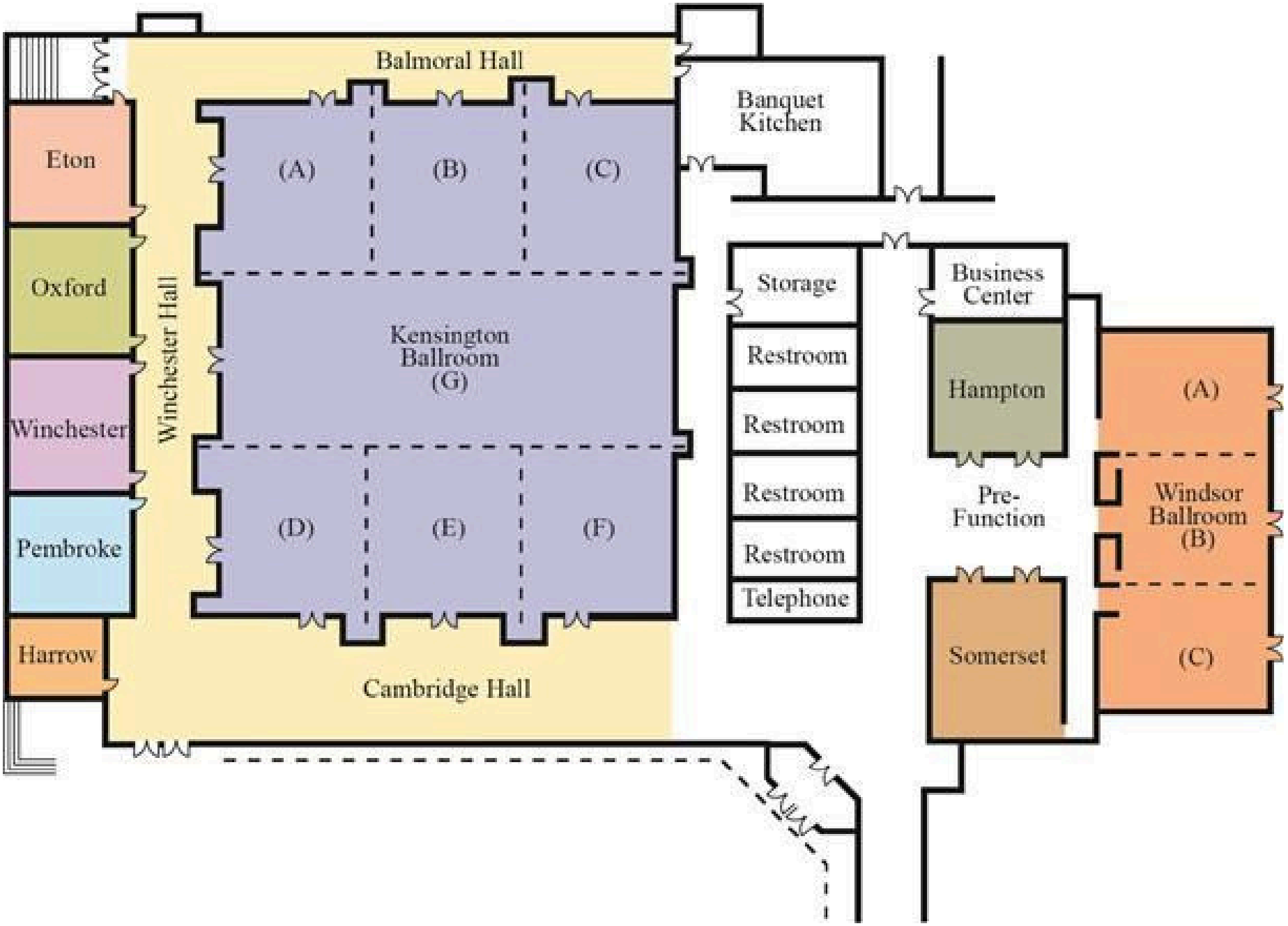
KINGSTON RESORTS
MYRTLE BEACH, SC

NORTH & SOUTH CAROLINA
PERINATAL ASSOCIATIONS

Perinatal Partnership
CONFERENCE

Celebrating Birth in the Carolinas • Born 1993

MAKING WAVES IN MATERNAL AND NEWBORN OUTCOMES ACROSS THE CAROLINAS


Balmoral Hall
Banquet Kitchen
Eton
Oxford
Winchester
Pembroke
Harrow
Winchester Hall
(A)
(B)
(C)
Kensington Ballroom (G)
(D)
(E)
(F)
Cambridge Hall
Storage
Restroom
Restroom
Restroom
Restroom
Telephone
Business Center
Hampton
Pre-Function
Somerset
(A)
Windsor Ballroom (B)
(C)

2026 CONFERENCE PLANNING COMMITTEE

Current NC Perinatal Association President
Venus Standard, MSN, CNM, APRN, FACNM, LCCE

Current SC Perinatal Association President
Jennifer Desai, MSN, RNC-OB, C-EFM, C-OBE

Conference Chair: Jennifer Desai, MSN, RNC-OB, C-EFM, C-OBE

Kim Alston, MA
Betsy W. Bryant, MSN, RNC, IBCLC, LCCE
Amy Hendricks, BS
Sherika HiSmith, MPH, BSN, RN
Lori Hubbard, PhD, RN, IBCLC, LCCE
Rebecca Jackson, BSN, RN
Meg Jewell, MA
Faith Knowles, MSN, BSN
Cheryl A Neuner, BSN, MBA, RNC-NIC, NPD-BC, NE-BC
Elizabeth Patel, MSN, RNC-NIC
Tara Owens Shuler, MEd, LCCE, FACCE, CD(DONA)
Jennifer Taylor, BSN, RNC-OB
Renee Washington, MSN, MBA/HCM, RNC-MNN, C-EFM
Venus Standard, MSN, CNM, APRN, FACNM, LCCE

EXHIBITORS & SPONSORS

Silver

HEALTHY birthDAY IMPROVING BIRTH OUTCOMES Creator of Count the Kicks

WakeMed Mothers' Milk Bank

natera

Bronze

Prolacta BIOSCIENCE

MUSC Medical University of South Carolina

Laborie FOR DIGNITY. FOR LIFE.

Mölnlycke

OBIX Perinatal Data Systems

GeneDx

Non-Profit

MARCH OF DIMES

PR%F Alliance NC Promoting Alcohol-Free Pregnancies.

Spinning Babies

SAFE KIDS OF THE PEE DEE, SPONSORED BY MCLEOD REGIONAL MEDICAL CENTER

MARCH OF DIMES READY FOR LIFE

SCPA SOUTH CAROLINA PERINATAL ASSOCIATION

North Carolina PERINATAL ASSOCIATION

SPINNING BABIES® FOUNDATIONAL WORKSHOP WITH VENUS

Time: 8:00AM-4:00PM Saturday, November 7, 2026
Venus Standard MSN, APRN, CNM, FACNM, LCCE, SpBAT

This workshop offers continuing education for midwives, nurses, and other birth professionals. We welcome doulas, physicians, childbirth educators, prenatal yoga instructors, chiropractors, massage therapists, fascial therapists, and community health workers. Foundational Workshop Topics Include:

- **The Spinning Babies® approach to childbirth ease and labor progress**
- **The role of soft tissues—muscles, ligaments, fascia—in fetal positioning**
- **Recognizing and responding to posterior presentations**
- **Pelvic Levels Solutions and their influence on birth progression**
- **The Three BalancesSM and their role in birth preparation and labor support**
- **Addressing stalls in labor through physiological understanding**
- **Hands-on practices to support comfort during pregnancy and labor For more information, please visit the Spinning Babies website.**

Spots are limited!

PRECONFERENCE WORKSHOP

The Anatomy of Simulation
James Dunovant, NRP, CHSE, CHSOS
Time: 12:45PM-1:45PM

Simulation Stations
James Dunovant, Randy Branham, Jill Powell Reid, Sarah Elizabeth Dowling, and Katie Lloyd
Time: 1:45PM-4:00PM

The preconference session will begin with an engaging keynote exploring the benefits and impact of simulation-based training in healthcare. Participants will then put knowledge into practice through immersive, hands-on simulation experiences designed to build confidence, strengthen clinical skills, and enhance patient care.
Choose from obstetric and neonatal nursing simulation experiences, with additional hands-on training specifically designed for lactation consultants. This interactive learning experience provides an opportunity to practice essential skills, collaborate with colleagues, and apply evidence-based strategies in a supportive environment.

CONFERENCE OVERVIEW

This year's conference will feature a diverse range of topics designed to support maternal, infant, and family health, including trauma-informed care; supporting staff and parents after loss; maternal and infant wellness programs; myofascial release and pelvic floor therapy; maternal health advocacy; the impact of alcohol-exposed pregnancies; safe sleep; perinatal intimate partner violence; simulation and grant opportunities; and self-care. The full conference agenda will be available in the coming weeks.

SATURDAY, NOVEMBER 7, 2026

8:00AM-4:00pm — **Spinning Babies Foundational Workshop** — Windsor A

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SUNDAY, NOVEMBER 8, 2026

12:15pm-12:45pm — **Pre-Conference Registration** — Windsor Foyer

12:45pm-4:00pm — **Pre-Conference Workshop-Simulation Sunday** — Windsor A

James Dunovant, Jill Reid, Randy Branham, Sarah Elizabeth Dowling and Katie Lloyd

4:00pm-5:30pm — **Early Conference Registration** — Windsor Foyer

5:30pm-7:00pm — **Meet & Greet Reception** — Ocean Cove

MONDAY, NOVEMBER 9, 2026

7:30am-8:15am — **Conference Registration & Breakfast** — Windsor Foyer

8:15am-8:30am — **Welcome and Introductions**

8:30am-9:30am — **Keynote** — Windsor Ballroom

Seeing Beyond Behavior – The Neurobiology of Relationships in Trauma-Informed Care

Mary Coughlin MS, NNP-NCC-E

9:30am-10:30am — **Keynote** — Windsor Ballroom

Love Hurts: Supporting Bereaved Families, Ourselves and Each Other

Rachel Balck Ed.D and Amber Blackwell Mdiv., BCC

10:30am-11:00am — **Break - Exhibit Hall & Posters** — Somerset

11:00am-12:00pm — **Concurrent Sessions Group A:**

Session 1 — Windsor A

Advanced Treatment Options for Severe Perinatal Mood and Anxiety Disorders

Neha Hudepohl, MD

Session 2 — Windsor B

Where We Stand, Where We Go: Maternal & Infant Health in the Carolinas

Tameca Wilson and Patricia Campbell, RN, MBA

Session 3 — Windsor C

From Brooklyn to Maternal Health Advocacy

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12:00pm-1:30pm **Business Luncheon | Exhibit Hall** Windsor Ballroom
NC Perinatal Association and SC Perinatal Association
(Members & Non-Members Welcome)

1:30pm-2:30pm **Concurrent Sessions Group B:**

Session 1 Windsor A
Sounding the Alarm: The Impact of Alcohol-Exposed Pregnancies!
Amy Hendricks, BS

Session 2 Windsor B
Infant and Young Child Feeding in Emergencies
Michelle Hendricks MBA, RD, LD, IBCLC

Session 3 Windsor C
Health Birthday-Count the Kicks Program
Sarah Colman MPH, CHES

2:30pm-3:00pm **Break - Exhibit Hall & Posters** Somerset

3:00pm-3:30pm **Keynote** Windsor Ballroom
Maternal Mental Health in Black Women
Lisa Pratt-Winborne, MHA, LCMHC, LCAS-A, Dr. Randyl Cochran &
Venus Standard MSN, APRN, CNM, FACNM, LCCE, SpBAT

3:30pm-5:00pm **Keynote** Windsor Ballroom
What We Think We Know: Challenging Myths in Maternity Care
Panel: Aida Algarin, Asia Brannon, Ashley Ruhashya, Claudia Hines,
Courney Hall, Dr. Karli McCoy, Amy Hendricks, & Venus Standard

TUESDAY, NOVEMBER 10, 2026

7:30am-8:15am **Conference Registration & Breakfast** Windsor Foyer

8:15am-8:30am **Welcome and Introduction**

8:30am-9:30am **Keynote** Windsor Ballroom
When Home Isn't Safe: Recognizing and Responding to Perinatal
Intimate Partner Violence
Shannon Scott BSN, RN, SANE-A, SANE-P

9:30am-10:30am **Keynote** Windsor Ballroom
Safe Sleep
Michelle Cunningham

10:30am-10:45am **Break and Hotel Checkout**

10:45am-11:30am **Keynote** Windsor Ballroom
Innovation in Perinatal Work – Can We Change the Tide?
Michelle Flanagan MSN, FNP-C

11:30am-12:30pm **Keynote** Windsor Ballroom
Remaining Whole: Self Compassion, Bearing Witness, and the
Practice of Sustainable Care
Mary Coughlin MS, NNP-NCC-E

CONTINUING EDUCATION CREDIT

AHEC: **This program is approved for 8.75 clock hours of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Continuing Education Best Practice Standards. Participants must attend 90% of the program to receive a certificate of attendance. No partial credit will be given.**

NURSING: **Mid-Carolina AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.**
This nursing continuing education activity approval # 2408-010PR-233 has been approved for 8.75 hours.

Mid-Carolina AHEC
Area Health Education Center

EVALUATION INSTRUCTIONS

Conference Evaluation Instructions will be emailed at the close of the conference.

If your email address has changed, please stop by the registration desk to update this information.

For questions, please email rjackson@midcarolinaahec.org

